

Auroville Women's health Study



2017

A Summary of Auroville Women's Health Research

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Research and event are supported by:

Parenting & Birth Awake

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and

ECO Femme

Auroville Women's health Study

Presentation Outline

Introduction

- History and focus of the Research
- a brief description of the researched Group of Women.

The surveyed areas

- Puberty
- Sexual Health
- - Maternity
- - Personal Safety

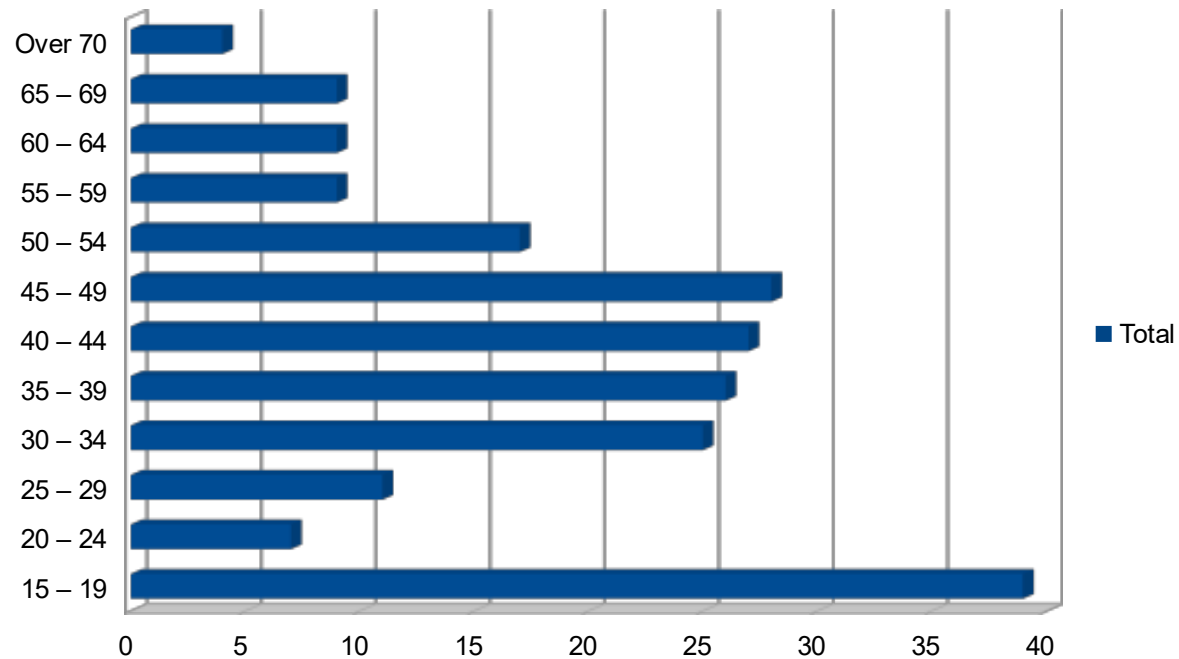
Conclusions of the research

- Conclusions derived from this research translate to the fields of Education, Resources and Services and other areas of possible research.

Introduction

Description of the Women the research was focussed on

AGE GROUP	15 – 19	20 – 24	25 – 29	30 – 34	35 – 39	40 – 44	45 – 49	50 – 54	55 – 59	60 – 64	65 – 69	Over 70
Total	39	7	11	25	26	27	28	17	9	9	9	4

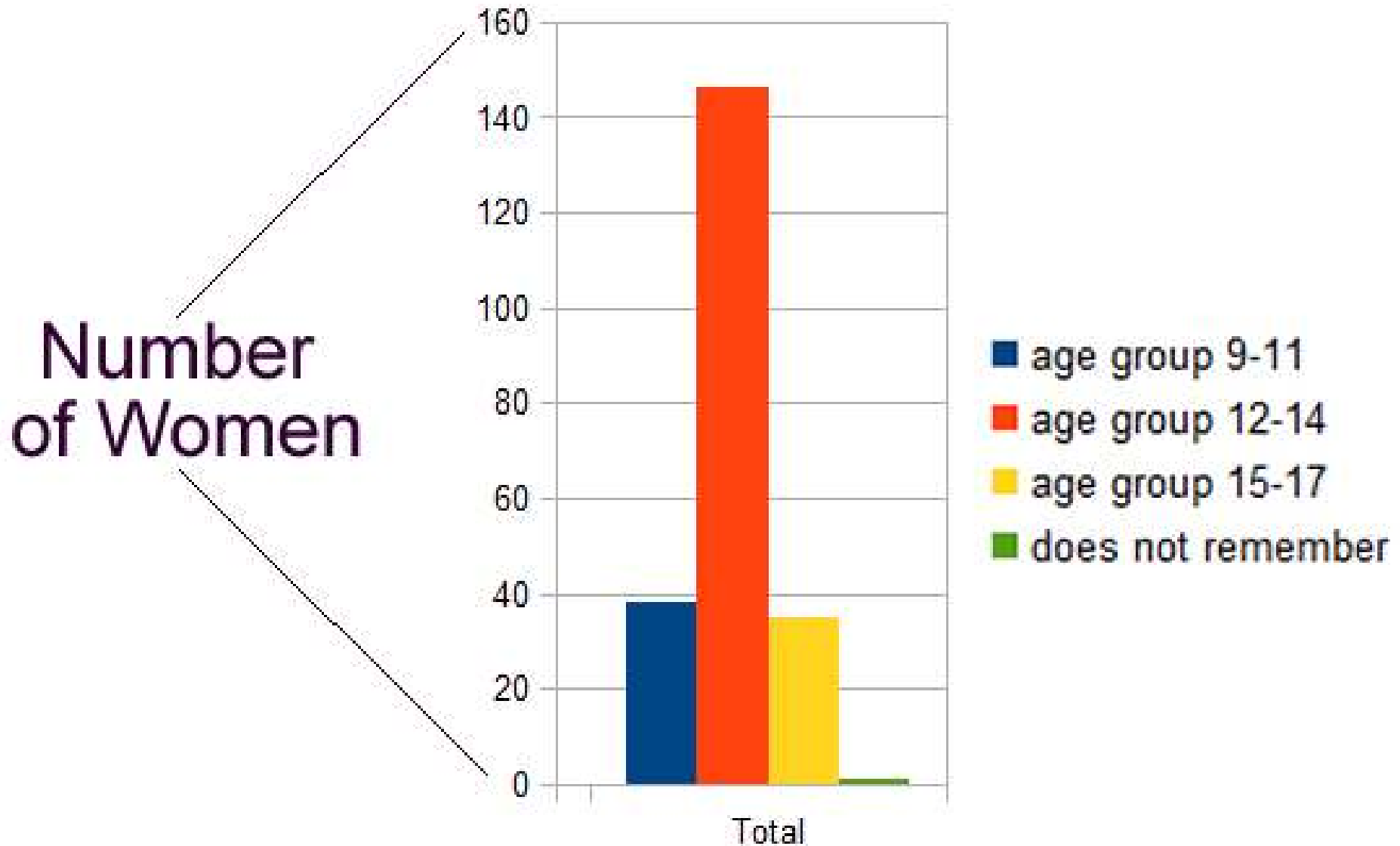


Puberty



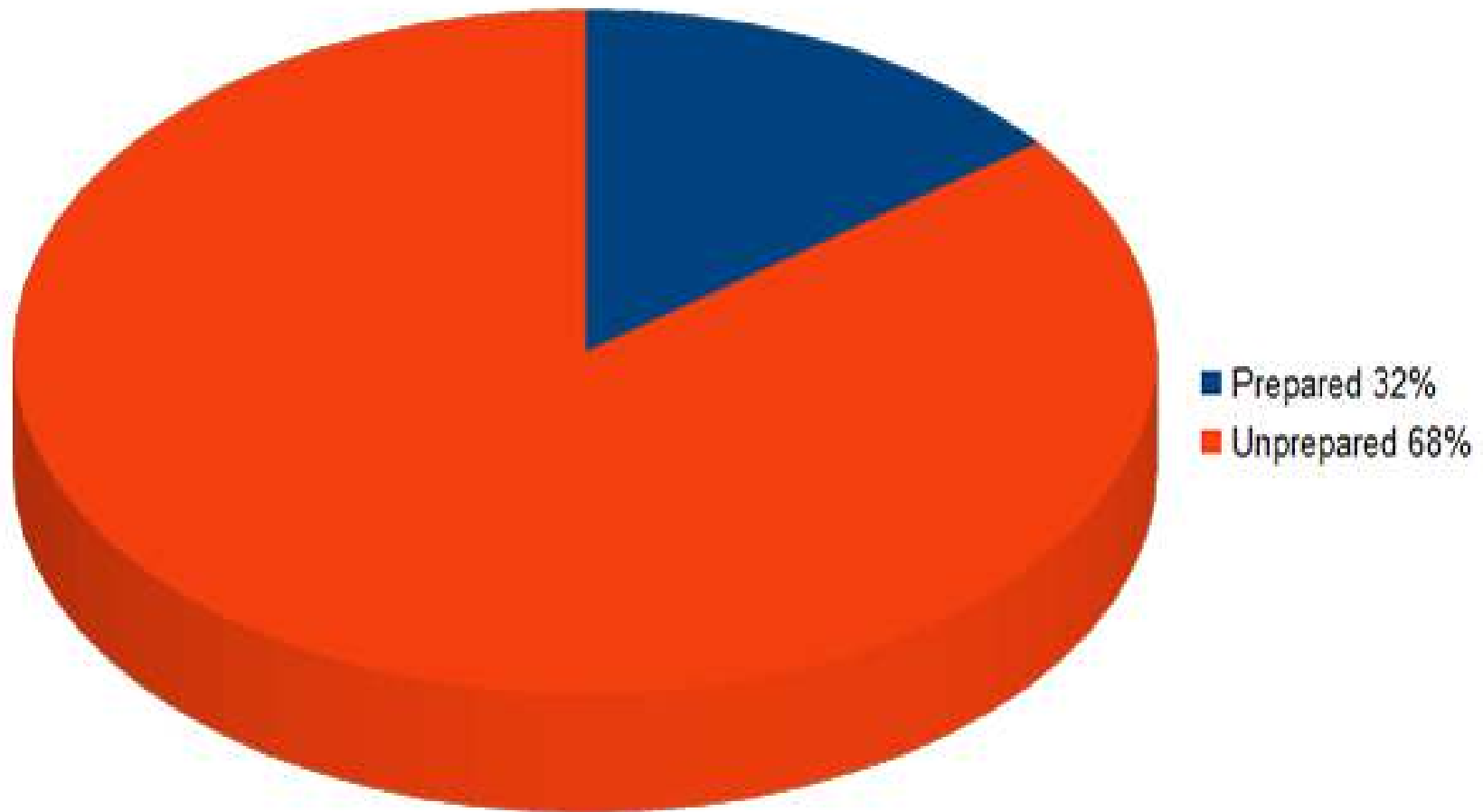
Puberty

How old were you when you had your first period?



Puberty

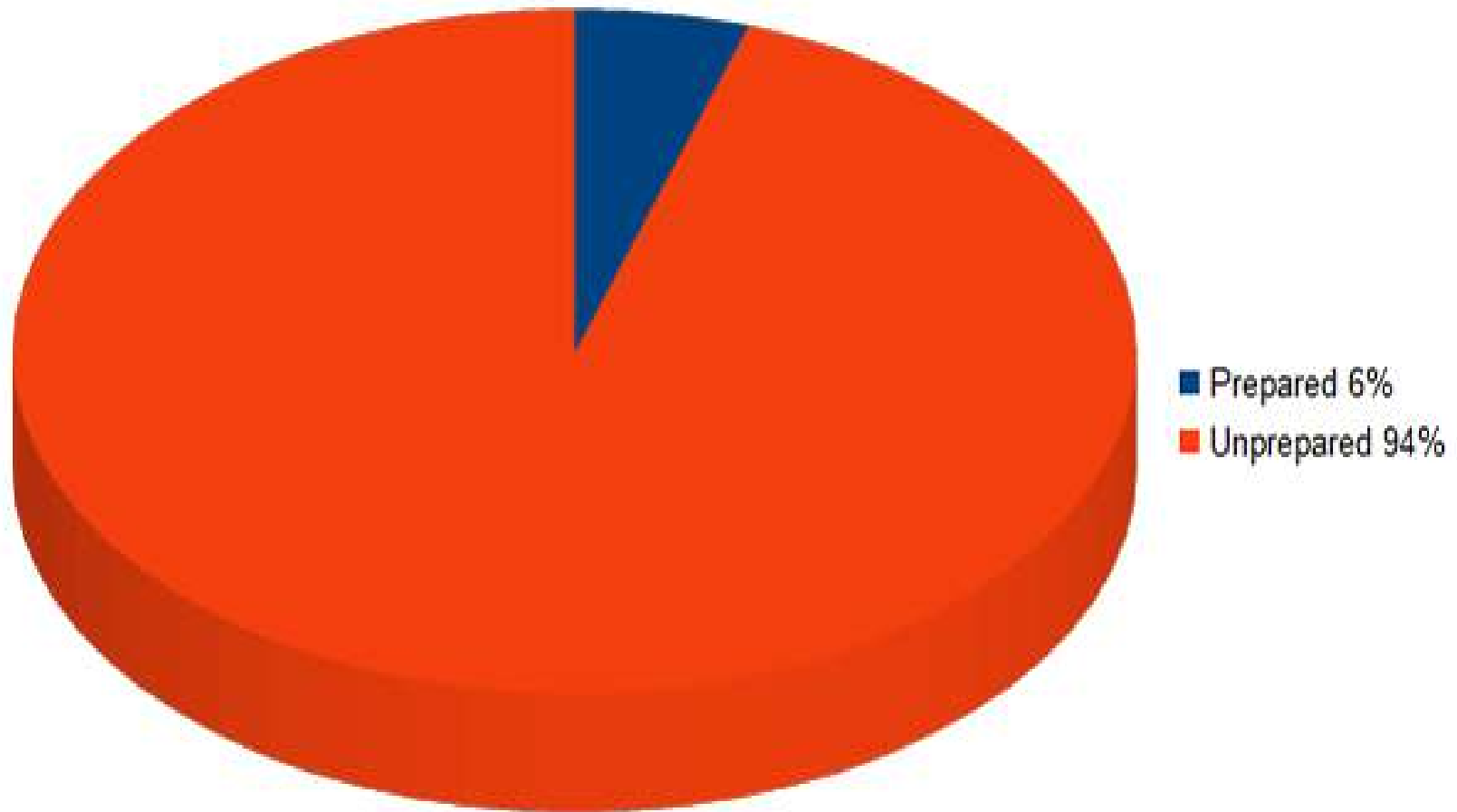
How prepared did you feel before your first period?



All Surveyed Women

Puberty

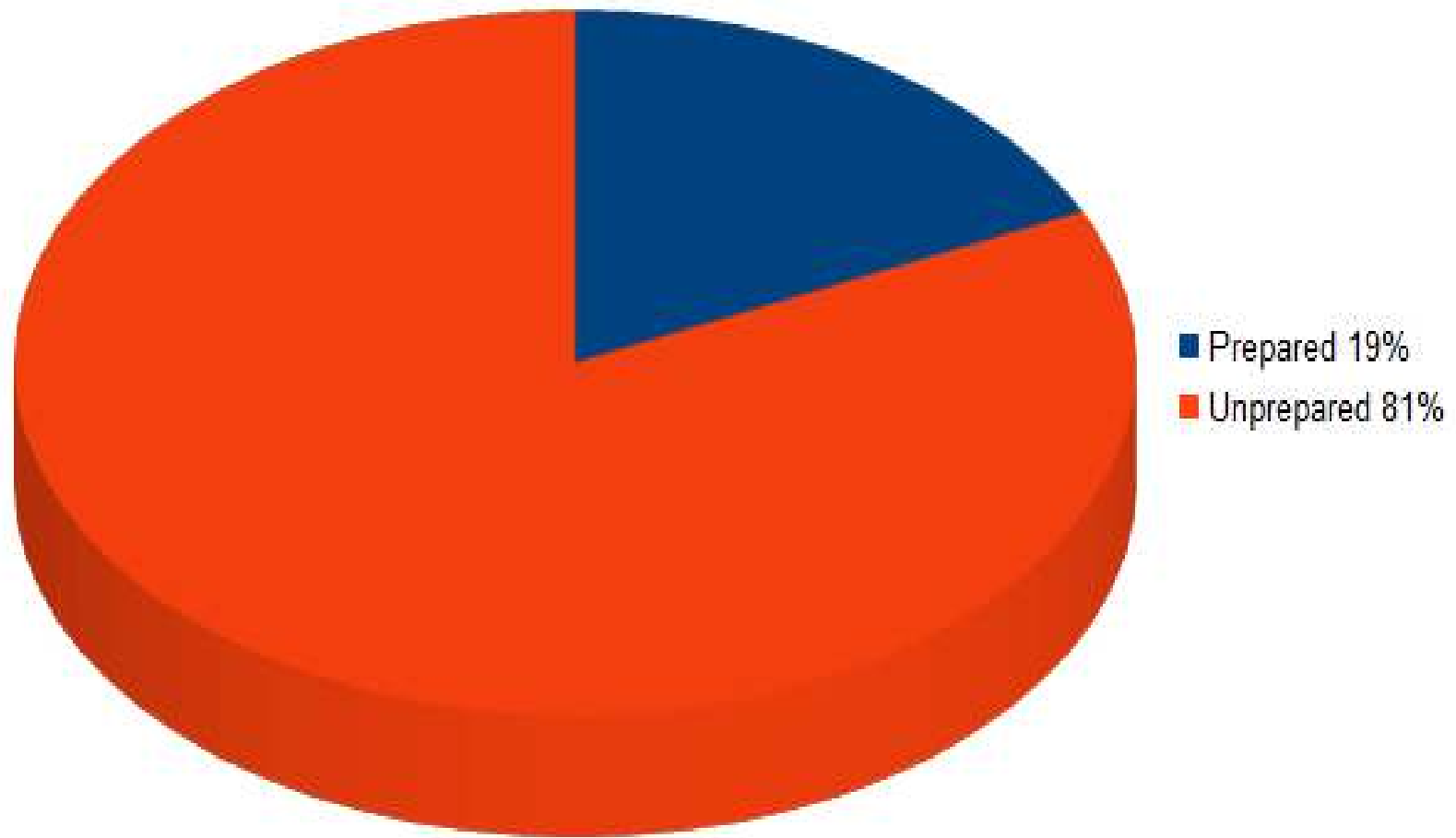
How prepared did you feel before your first period?



Women from the AV bio region

Puberty

How prepared did you feel before your first period?

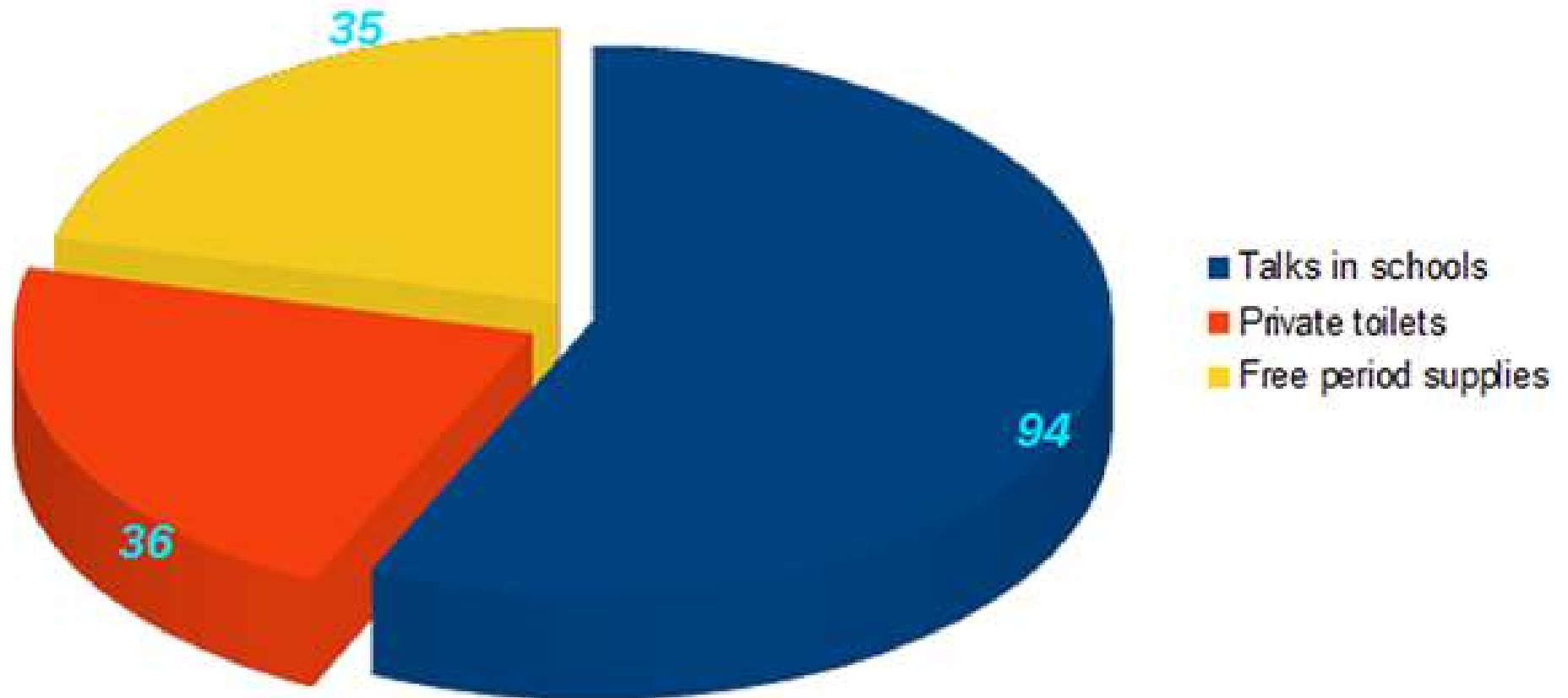


Women not from the AV bio region

Puberty

What do girls in Auroville need around periods?

Top Three of Needs

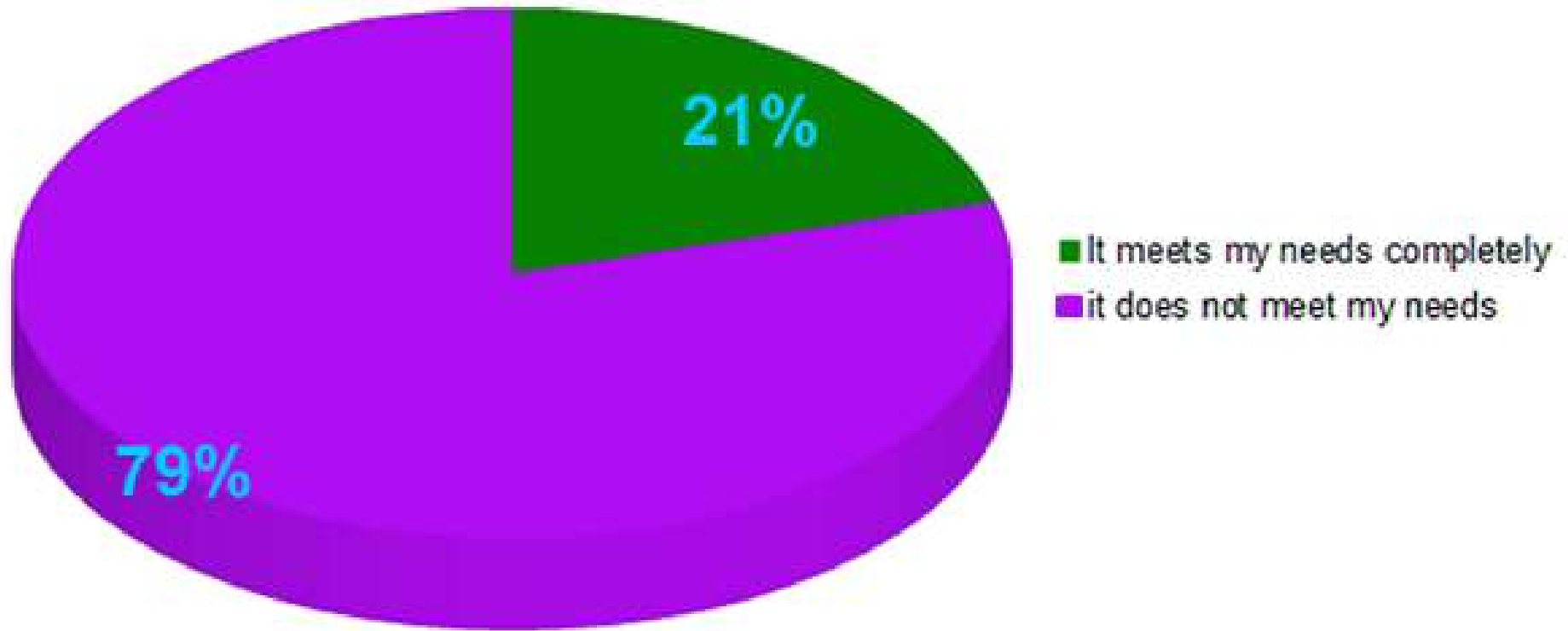


Sexual Health



Sexual Health

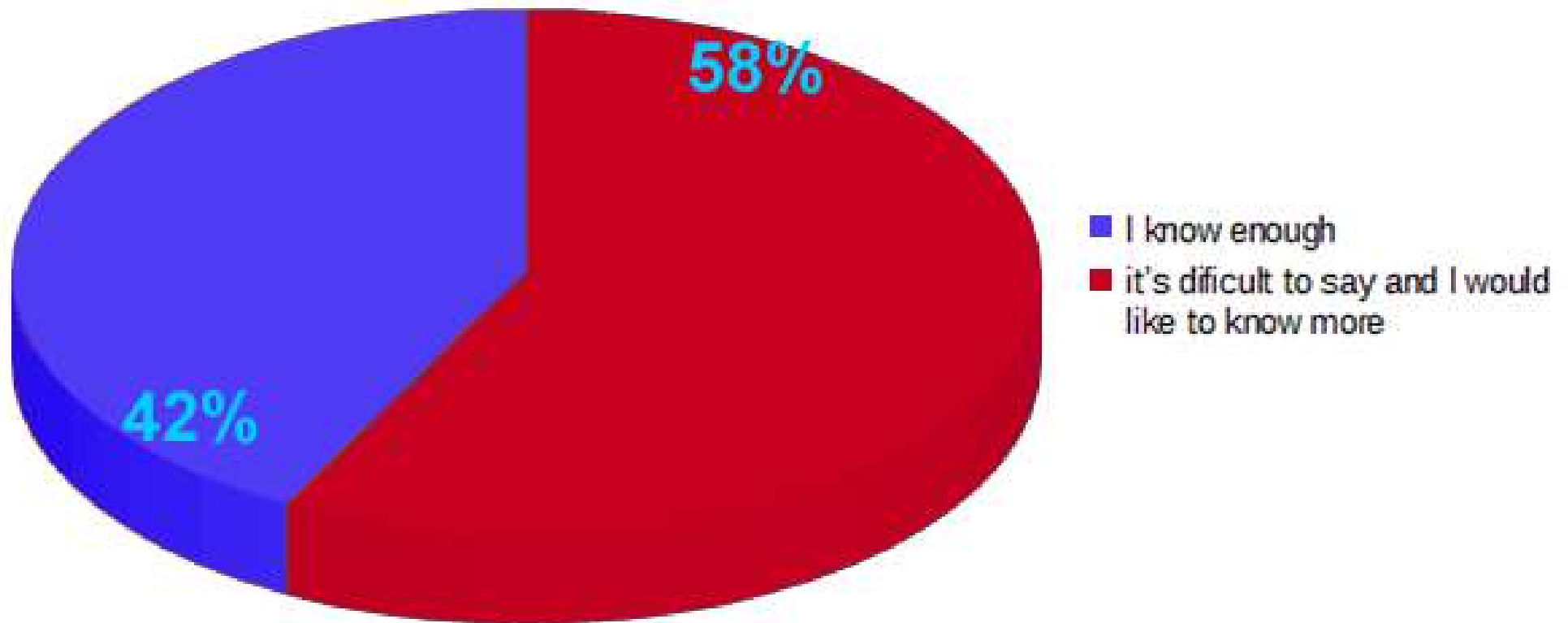
How would you rate sexual health care in Auroville ?



All Surveyed Women

Sexual Health

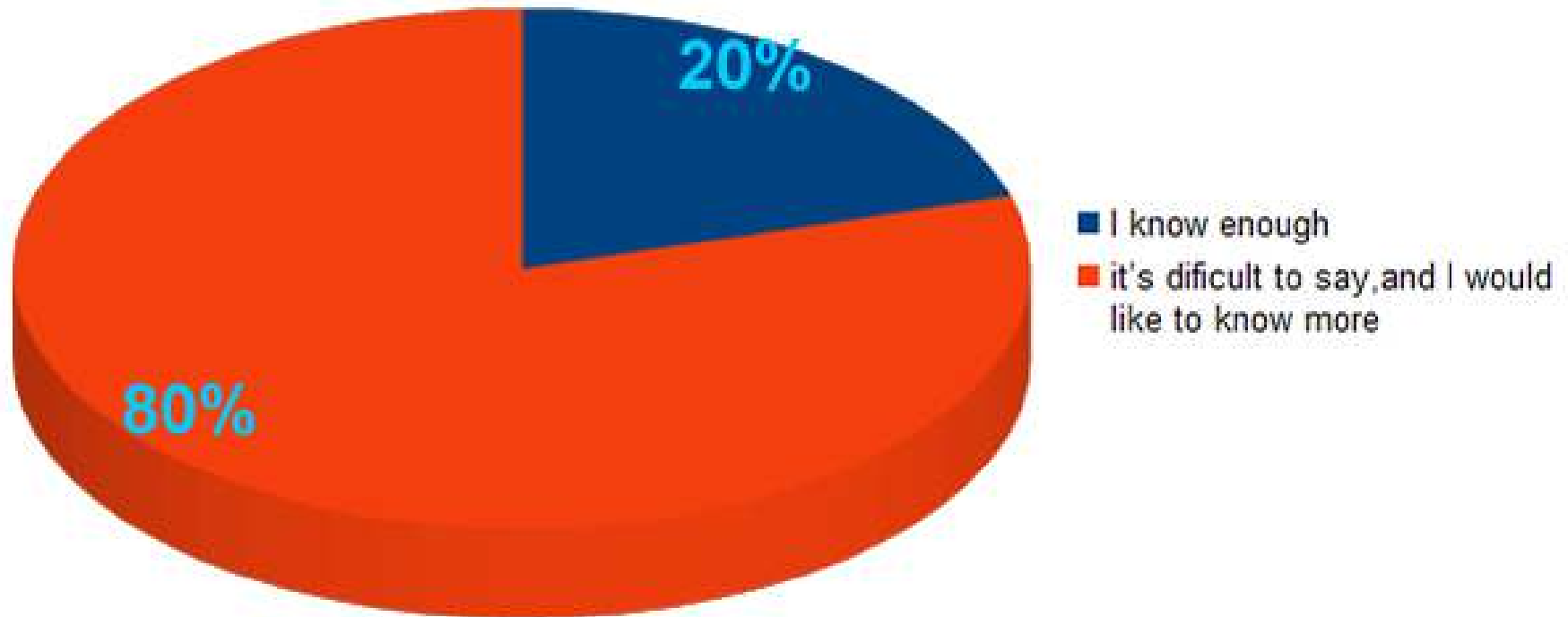
Are you OK with what you know about sex?



Women from the AV bio region

Sexual Health

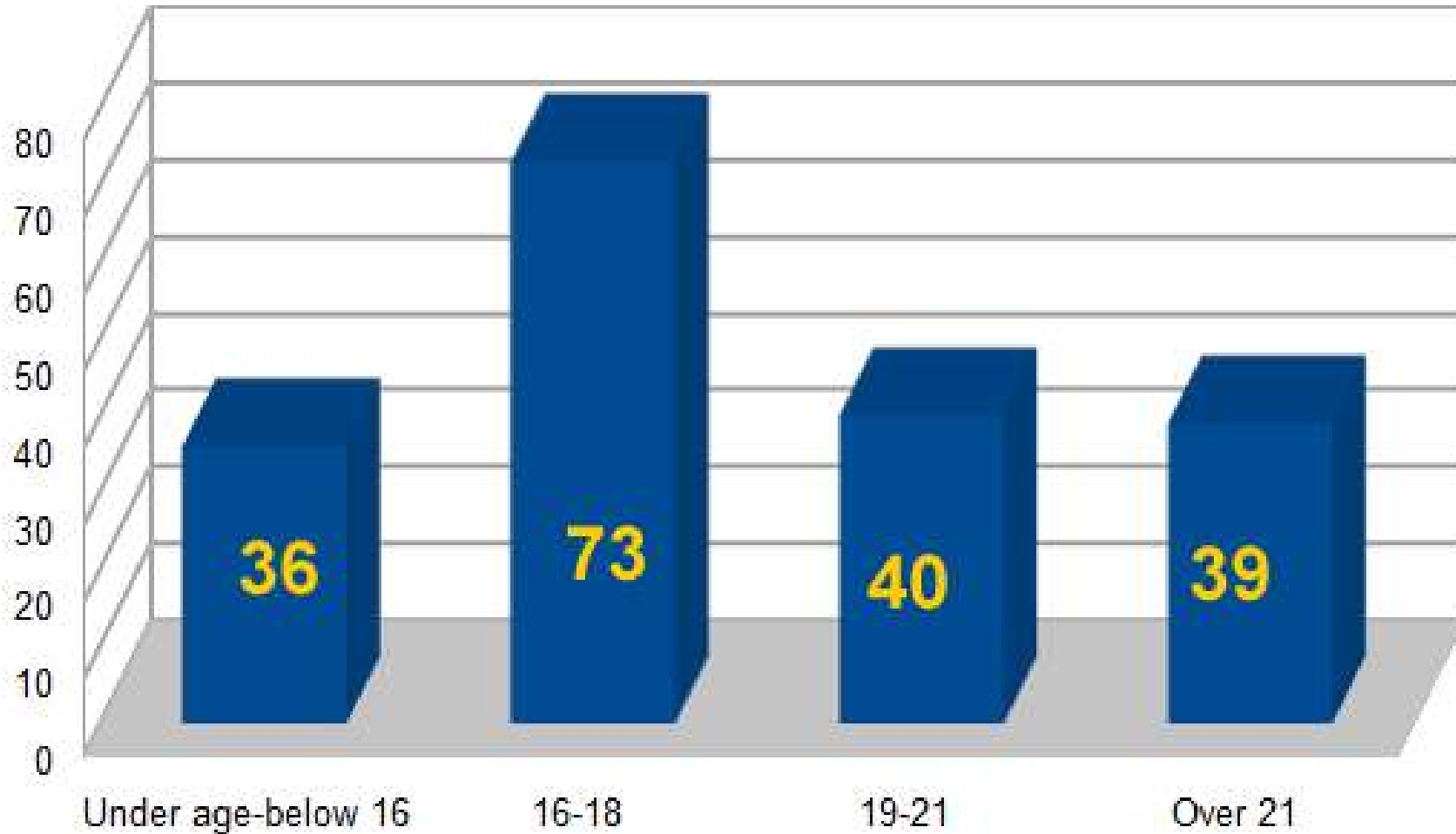
Are you OK with what you know about sex?



Women not from the AV bio region

Sexual Health

At what age did you have sex for the first time?



All Surveyed Women

Sexual Health

18 women had underage initiation of sex.

– In this group:

12 had an unplanned pregnancy,

11 were beaten,

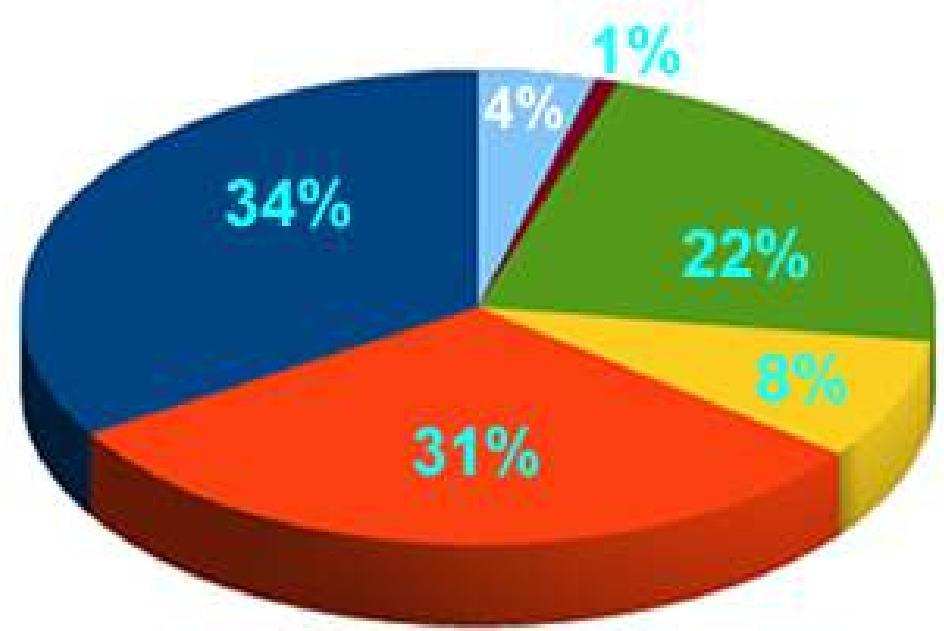
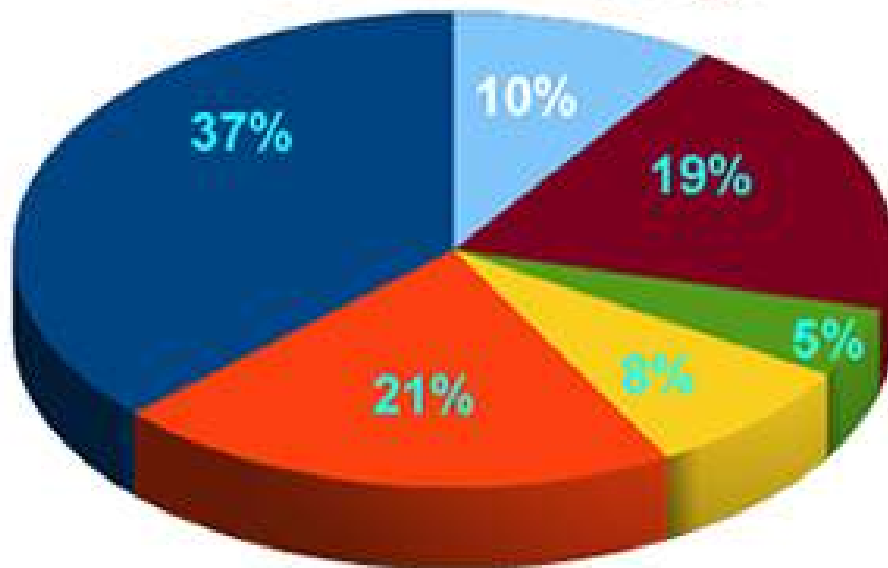
9 felt raped

4 experienced all of these events.

Sexual Health

Thinking of the first time you had sex, what applied to you?

Women from AV bioregion



Women not from AV bioregion

- I was confident in my decision
- I gave consent
- I used birth control other than a condom
- I used a condom
- I wanted to get pregnant
- Did not answer question

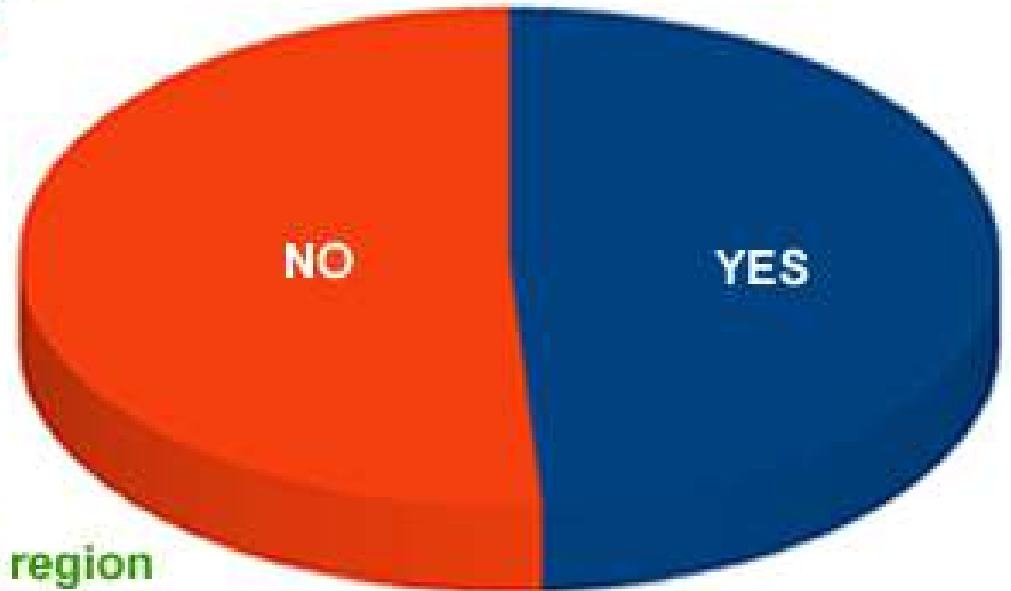
Sexual Health

Have you ever had an unplanned pregnancy?

Women from the AV bio region



Women not from the AV bio region

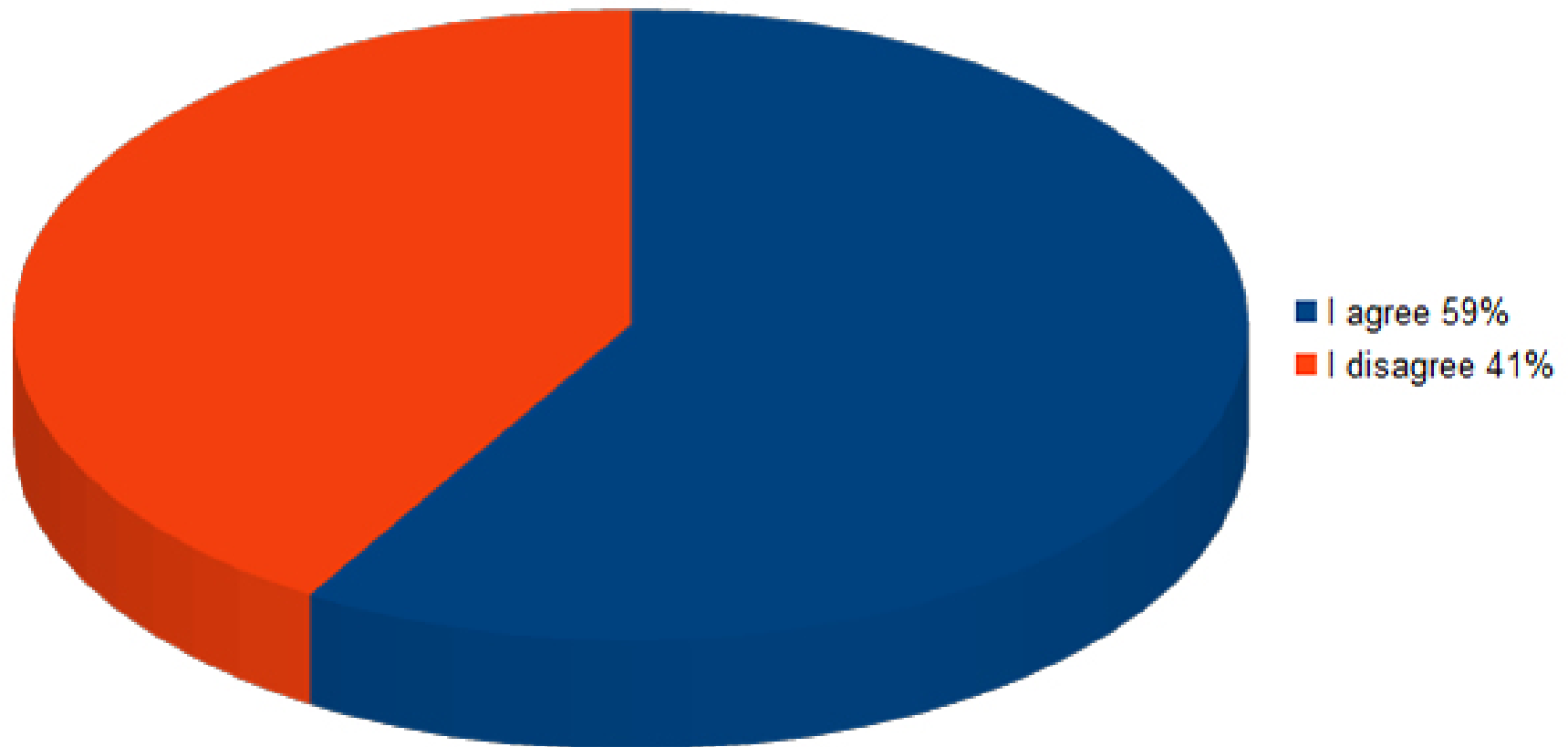


Maternity



Maternity

Do you agree with this statement:
'Auroville is a welcoming place for
pregnant women'



Maternity

Do you currently have children younger than 12 years old?

61 answered Yes.

17 of these babies were born in Auroville,

30 of these babies were born in Pondicherry

Maternity

Were you happy with your birth experience?

Of all births in Auroville and Pondicherry:

- 17 deliveries were from women of the AV bio region.
 - 10 of these women were happy with their experience, 7 were not.
- 18 deliveries were from women *not* from the AV Bio region.
 - 16 of these women were happy with their experience, 2 were not

Maternity

Human
Rights
in
Childbirth



In partnership with



BIRTH
INDIA



**Justice.
Dignity.
Respect.**

We're coming for them.

Human Rights in Childbirth
India Conference
2-5 February 2017, Mumbai

Maternity

Open question (14): Was anything missing from your pregnancy, birth and post birth care?

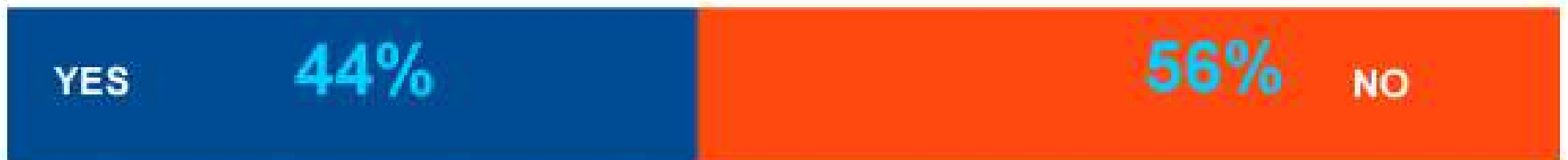
Maternity

Did you feel there was enough time for you and your baby?

Women not from the AV bio region



Women from the AV bio region



Maternity



Maternity

Did you have spiritual education for pregnancy, birth and parenting based on Mother and Sri Aurobindo?

Two out of three women said 'no'

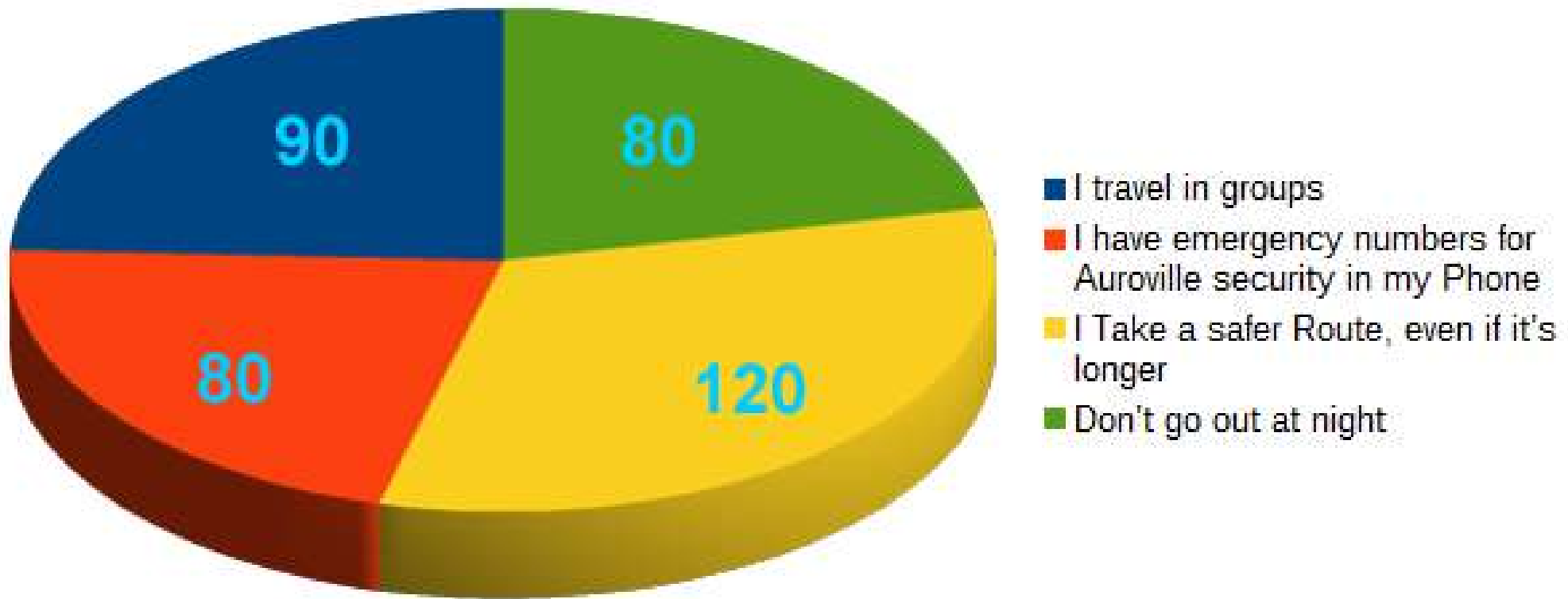
Personal Safety



Personal Safety

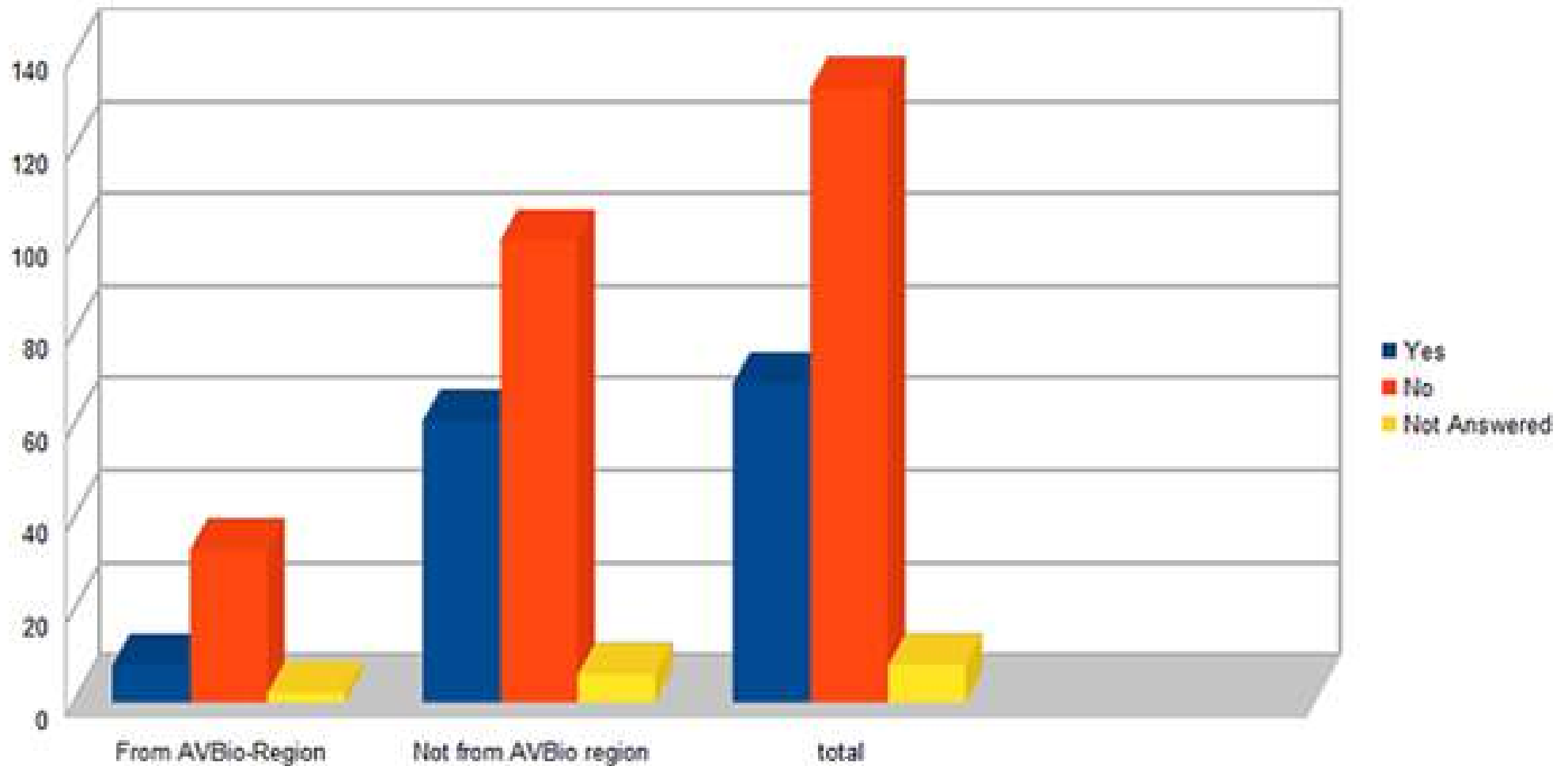
What do you do to stay safe in Auroville?

Here are the top 4 responses:



Personal Safety

Have you ever been physically abused or beaten?



Personal Safety

Have you ever been physically abused or beaten?



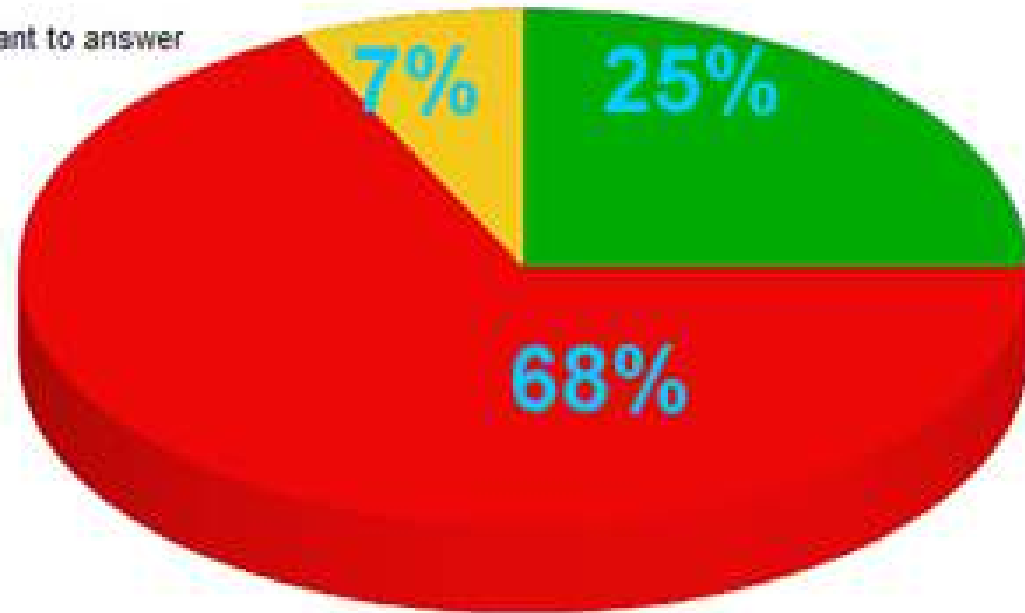
Personal Safety

Have you ever felt raped?

- Yes
- No
- I do not want to answer



Women from the AV bio region



Women not from the AV bio region

Women's comments regarding Physical Abuse and Rape



Personal Safety

Do you know resources in your area for
womens needs?

	Yes	No
From AVBio-Region	24	20
Not from AVBio region	46	110

Open Comments



Open Comments

