Sehdev Kumar

BEING & CONSCIOUSNESS

I Remember and hence I Become

Memory, Self & the Bhakti Movement
St. Kabir
St. Mira
Guru Nanak
Chaitnaya Mahaprubhu
Bhakti Movement

- Kabir – the weaver
- Raidas – the cobbler
- Sena – barber
- Mira – a princess
- Dhanna – a peasant
- Sadhna – butcher
- Namhari – a goldsmith
- Pipa - a Rajput Prince
- Namdeva – a tailor, bandit
Radha-Krishna
Flute, Musician, Music
Consciousness, Being
Self?
Being and Becoming
Evolution of Consciousness
Seed, Flower, Fruit, Tree
Is the Universe Within Us?
• "If seeds in the black earth can turn into such beautiful roses, what might not the heart of man become in its long journey toward the stars?"

- G.K. Chesterton (1874-1936)
“The supermind does not hang on trees, like a golden fruit to be plucked. It enters into the stuff our lives and its structures .... our very beings.”
An elephant is like a big snake.

What are you saying! It is like a sheath of leather!

Your all wrong!!! It's actually like a little furry mouse.

Actually, No! It's a tree stump!
Are We Humans Special?

• Humankind is “only an advanced breed of monkeys on a minor planet of a very average star”
  - Stephen Hawking
Forgetfulness, Sleep, Memory
Monarch Butterfly
I REMEMBER & HENCE I BECOME
From Dismemberment to Remembrance
• O let me teach you
  How to knit again
  This scattered corn
  Into one mutual sheaf
  These broken limbs again
  Into one body.
it's not how you
LOOK
it's how you
See
Are We Humans Special?

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  - Stephen Hawking
What is Special? Who is Special?
Where did we come from?
Who are we?
Where are we going?
Nature vs Nurture

Is it all in our Genes?
Destiny? Fate?
Stars, Genes, Karma
Mind

- Ocean of Consciousness
- “I think, there I am “
- Subconscious
- Collective Conscious
- Losing consciousness
- Coma
- Vegetative state
Free Will?

- Instincts
- Inclinations
- Temperaments
- Tendencies
- Habits
- Idea of Freedom
We are Creators of Science, Art, Unknown Things & Ideas
Dreaming Creatures
Mind’s Eye, Imagination
Theory of Mind/Empathy-Sympathy
Empathy
Plasticity of the Brain
Mind, Brain, Consciousness

AWAKENING YOUR OTHER MIND

Dr. Marco Paret
Thoughts

• flow of thoughts going through your mind are repetitive,
• ruminative,
• undermining or inaccurate.
• "Sometimes,
• we even know [thoughts] are inaccurate, but they have such power over us that they become a reality."
How thought can change brain structure
We are what we think.....
All that we are arises with our thoughts.
With our thoughts we make the world.
Change your thinking to change your life...
NIELS BOHR
7/10/1885 – 18/11/1962

Everything we call real is made of things that cannot be regarded as real.
If quantum mechanics hasn't profoundly shocked you, you haven't understood it yet.

MARC J. SEIFER, Ph.D.
FOREWORD BY URI GELLER

Where Does Mind End
A RADICAL HISTORY OF CONSCIOUSNESS AND THE AWAKENED SELF
The Thinker: Thinking About Thinking

“I think, therefore I am.”
The Supermind doesn’t hang on trees like a golden fruit to be plucked!
It enters into the stuff of our lives and its structures... our very beings.